

First Aid Level 1

Program Overview:

Aims at equipping learners to apply Basic Life Support procedures during everyday life. These fundamentals taught will equip the learner to be able to deal with medical emergencies effectively. Modules include:

Course Content:

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| Module 1: Basic Principles of First Aid | Module 6: Fractures |
| Module 2: Patient Assessment | Module 7: Burns |
| Module 3: Cardio Pulmonary Resuscitation (CPR) | Module 8: Head and Spinal Injuries |
| Module 4: Choking | Module 9: Dressings and Bandages |
| Module 5: Wounds and Bleeding | Module 10: Shock |

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| Target: | All employees, |
| Duration: | 2 Days |
| Legislation: | OHS Act |
| Students: | Minimum of 8 to a Maximum of 15 |
| Program Approval: | Department of Labour (CI 534) |
| Cost: | As per Quotation |



labour

Department:
Labour
REPUBLIC OF SOUTH AFRICA